

Waihi Vegetarian Festival 2017

Enjoy food, music & crafts

19 NOV 2017. 10AM-3PM

Natural Health NZ Association

STAGE

PERFORMANCES

- 09:30 **Pōwhiri ceremony**
- 10:00 **Band & singing** – Te Aroha College
- 10:30 **Chinese Zither** – Pao Wen Chen
- Qin solo** – Yen Chen
- Pipa solo** – Marjorie Mu-Tzu Hsu
- 11:30 **Violin, piano & guitar** – Helen Yang & Kenny Kuo
- 12:00 **Accordion solo** – Catrina Lin
- 12:30 **Guitar playing & singing** – Kristian Lund
- 13:00 **Violin solo** – Amy Lai
- 13:30 **Band & singing** – Whangamata Area School
- 14:00 **Singing** – Thames High School
- 14:30 **Fusion dancing**
- Goddess Dance Troupe**



Scan for online
vegetarian recipes



STALLS

1. Vege Mum Go
2. L&J shop
3. Hygia Delight
- E1. Double Dutch Fries
4. Happy Tummy
5. ODEN
6. Butter Cup Kitchen
7. Nyonya Taste
- 8-9. Yummy Nummy
- 10-12. Malaysian Hawker Stall
13. Blissful Healthy
Vegan Takeaway
- 14-15. roll roll roll
- 16-17. Childhood Harmony
- E4. The Rolling Cone
- 18-20. Timaru Vegetarian
- E2. Juice Revolution
21. Formosa Delight
22. Pop House
23. Nomnom
24. YOSH! Sushi
25. Burger Delight
26. G'day Veggie
27. Singapore Delights
28. Garden Fusion
29. Vegan Mango Lassi
- 30-31. Mamak Stall
- E3. Mr Jackson's Plant Based food
32. Wonderland
33. hibiscus malaysia
- 34-35. Lotos Iris
36. Food so good a T-Rex
would go vegetarian
- 37-38. Freshalicious
- 39-41. Ding kitchen
42. Wisdom Cookies
43. Nursery
44. Nursery
45. Joy Bonsai
46. May juicy stand
- A1. Natural Scent - Tea House
- Café. Yummy Nummy Café

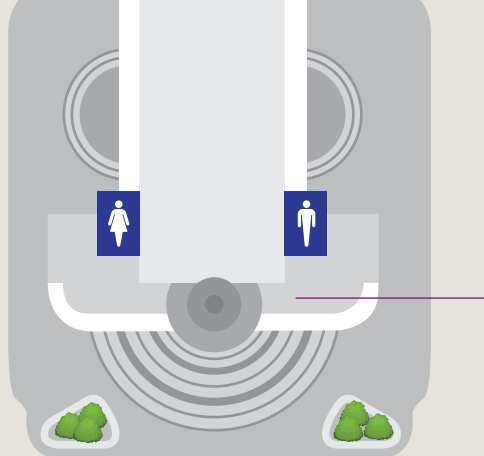
Vegan Vegan Friendly Gluten Free available

Pan-fried Dumplings, Fried Spring Rolls, Tropical Drinks
Laos Sprint Roll, Sushi Roll
Pearl Milk Tea, Chinese Burger
Hand cut fries
Smiley cake, Pan fried buns, Chinese donuts, Chinese buns
ODEN, Rice dumpling
Vegetarian Mince Pie, Lentil & Roti, Spinach Quiche & Salad,
Mini Vegetarian sausage wrapped in pastry, Vegetarian calamari rings
Malaysian Nyonya Rendang rice/bread, Vegetarian kimchi, Magic Blue Soda,
Nyonya Dessert, Bak Kut Teh Egg
Takoyaki, Vegan vermicelli, Vegetarian fried chicken, Hand cut fries, Taiwanese Egg Pancake
Malaysian curry with bread, Mamak mee goreng, Satay, Sambal beancurd in banana leaf,
Malaysian deep fried tofu, Honey coated soystick, Tofu skewer with special sauce, Keropok,
Kacang Putih, Sushi platter
Vegan Cheese Cake (blueberry, chocolate, green tea, mango, mixed berries, passion fruit,
pineapple and raspberry) Coffee
Bread roll, Rice roll, Roti roll, Almond chia pudding, Mousse cake
Sandy treasures, Hacky sack, Bullsseye, Jianzi, Spinning tops, Exhibition Hall
Ice cream
Kebab and steam buns, Steam burgers, Hangi, Custard square, Rice bubble snack,
Vegetarian Mushroom jerky
Juices and smoothies
Soy mince on rice, Fried dumplings, Ice herb lemon tea, Pink Lady, Cranberry Lemon tea.
Cake pops and Black Diamond ice tea
Curry Kebab, Veggie Cutlet, Chocolate fruit skewers
Sushi
Burgers and veggie sausage rolls
Taiwanese hamburger, Crystal dumpling, Fish & Chips, Samosa
Rojak, Mixed Beans with sweet potatoes (Kumara) soup
Vegetarian crispy chicken, Tea brewed eggs, Lentil tempura
Mango Lassi
Vegetarian fake fin soup, Nasi lemak, Curry puff, Satay egg, Nasi pulot pagang, Fried wonton
Fried spring roll, Tortise cake, Bo bo cha cha, Chendol
Nachos, Hot dogs, Burgers, Donuts, Eclairs, Tarts
Summer Sensation Fruit Tea
Prata bread /steamed bun with curry Rendang, Spring roll, Vegetable dumpling
Spinach Cannelloni, Milhojas de papa(Potatoes and cream, Broccoli and cheeseTart,
Eggplant Lasagna, Cheese Bread, Cheese Cake, Chiffon Cake, Dorayaki (Japanese Pancake)
Fried noodles, Laksa, Kerabu (Peanut tofu salad)
Wheel cake, Rice burger, Egg roll
Fried Wonton, Pan-Fried Buns, Spring Rolls, Taro Cake
Concentration challenge game & Wisdom vegan cookies
Tomatoes, Cherry tomato, Honey melon, Broccoli, Okra, Watermelon, Eggplant, Capsicum,
Basil, Penghu loofah, Long melon, Beans
Wasabi, Kyoho-Grapes
Bonsai
Passion fruit juice and Avocado
Healthy green smoothies, Raw cheese cake, Raw fruit tart, Organic chia pudding desert
Raw quiche, raw sushi, Gluten free rice wrap and Sandwiches
Ice cream Roon Bing, Coffee, Hot chocolate, Dessert



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festival.co.nz



Cafeteria

Yummy Nummy Café

Medical

Eftpos



Sitting area



Sitting area

STAGE

C1 Waimiha Cards
Original Paintings, prints and cards

C1 Chinese Knots

C1-1 Med workshop
11:00 Food as Medicine
by Dr Gunawan Setiadarma

12:30 Choosing a Healthier Food Option
for Your Kids by Dr Keong Liew Mok

14:00 The High-Protein Diet:
The Truth they don't tell you by Dr Thy Leow

C2 Green Smoothie Demo
Demo: 11:00~11:30, 13:00~13:30

C2-1 Brief introduction of Kong Meng Ruth Xue
THE Journey of Seeking the Source and Pioneering the
Human Spiritual Civilization

**C2-1 Chinese Calligraphy
- a blossoming ancient art**
Demo: 10:30~11:15, 11:45~12:30, 13:15~14:00

C2-2 The interesting progress of Chinese Characters
Recognise Chinese Characters through well known images
in our everyday environment

C2-2 The Art of Chinese Paper-Cutting
Welcome, give it a try!

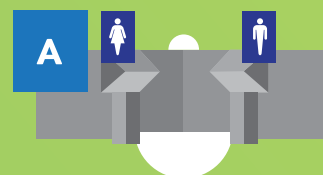
C2-3 Taichi Quan
Demo & learning: 10:30~11:00,
11:30~12:00, 13:30~14:00, 14:30~15:00

C2-4 The footprint of the forerunners
Floral Art / Food & Games / Calligraphy
Free entry and the first 100 guests will receive
handmade Samsui Bears

C1-2 Cosy corner with tea and music
Free of charge. Open at 10:00, 10:40,
11:20, 13:00, 13:40, 14:20

C1-3 Ikenobo Ikebana Exhibition
Demo: 11:20~12:00, 13:20~14:00
Learning and enjoying the harmonious
beauty of flowers

C1-4 Chinese Floral Arts Exhibition
Demo: 11:00~12:00, 13:00~14:00



A1 Natural Scent - Tea House (Upstairs)
Raw vegan gluten-free desert and savory food,
organic floral tea and much more!!

A2 "WINDOW ON WAIHI" Local Art Exhibition
• Free entry
• Over 120 local artworks on display
• Spot Prize artwork for lucky winner
• Artists from Art Waihi, Waihi Art Club, Whangamata Arts
Collective, and Katikati Art Group are portraying
"Local Landscapes, Features and Scenes from the Waihi Region"
• Artworks for sale after exhibition

Unique and exciting exhibition – never to be repeated!

A3 Acupuncture & Medical examination